

4S Au Yi Chun, Daven

### **A wonderful Chinese New Year trip**

During the Chinese New Year holiday, my family and I visited Japan-Karuizawa. We flew there by plane, and the flight took 3 hours and 20 minutes. The weather was snowy.

On the first day, we traveled to our hotel by car. When we arrived, we went to a hot spring. The room was cold, but the water in the bathtub was hot and relaxing. I enjoyed the snowy scenery.

The following day, we arrived at Karuizawa hotel Ski Resort for skiing. It was my first time skiing. The ski resort was large, and I had a clear view of Mount Fuji. After putting on my skiing suit and gear, I started skiing. It was challenging, but after practicing for 3 hours, I finally learned how to ski. It was an incredible experience. We left at 5 pm and went to a restaurant to enjoy delicious Japanese cuisine.

Overall, it was a fantastic Chinese New Year journey. I not only had the opportunity to learn a new sport, skiing, but I also hope to learn snowboarding next time!





4S Fung Tsz Yau, Ian

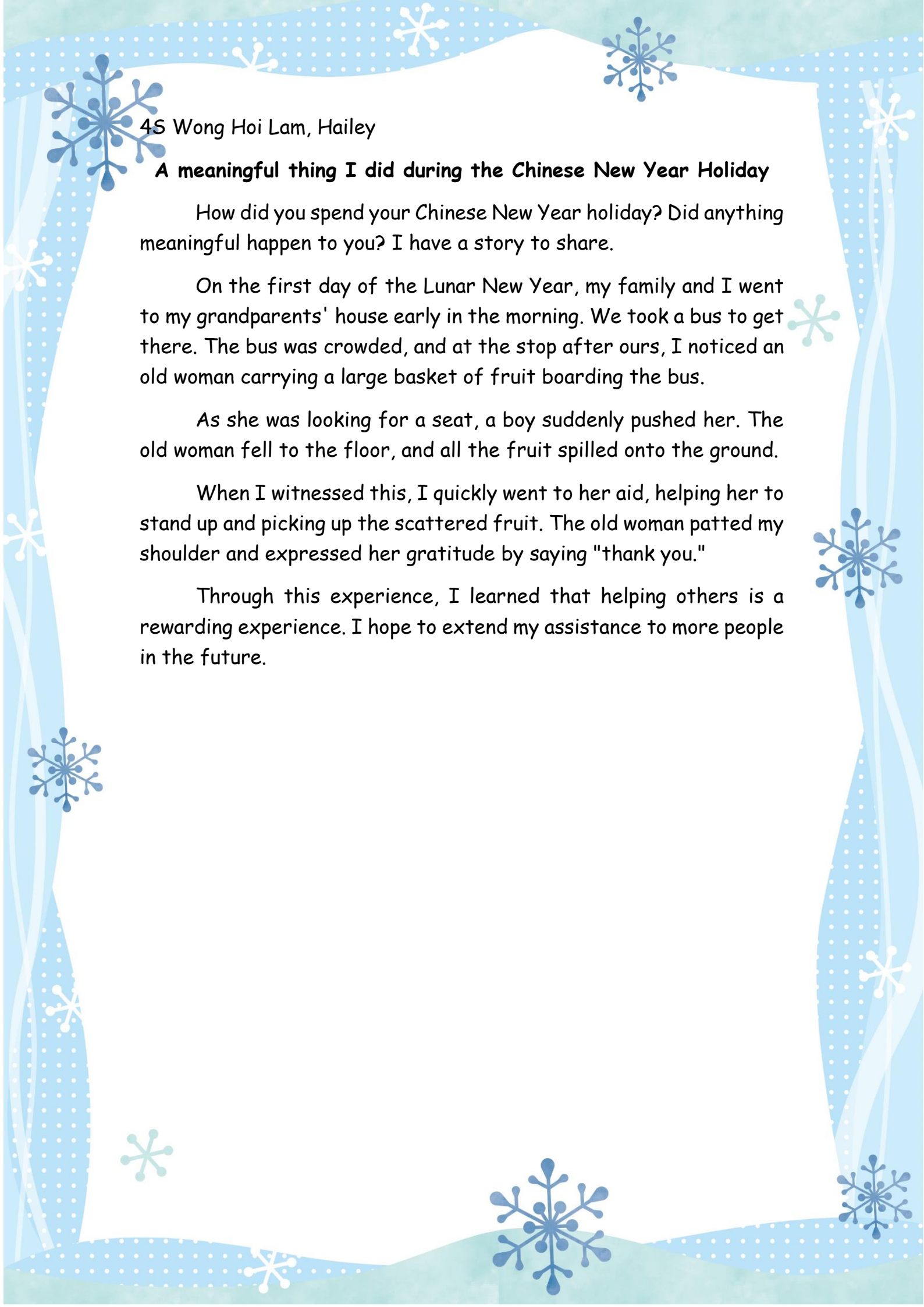
### **A Special Sports Day**

Last week, our school organized an annual Sports Day, a day filled with excitement. However, if you didn't participate in any games, it could be quite boring.

This year, I had a special mission. I was assigned to take photos for the athletes because I joined the photography club. Initially, I thought it would be easy. All I needed to do was walk around and enjoy the competitions. However, I soon realized that capturing good photos was challenging and tiring.

The Sports Day began with the Athletes' oath, and then the competitions truly kicked off. The 60m race, softball throw, and long jump were the highlights. I took out my camera and started snapping photos. Initially, I felt really cool, but the weather was sweltering, and as time went by, I gradually felt exhausted due to the wet conditions.

In the end, despite the exhaustion, it was a fun experience overall. I hope to have more special and memorable experiences in the future.



4S Wong Hoi Lam, Hailey

**A meaningful thing I did during the Chinese New Year Holiday**

How did you spend your Chinese New Year holiday? Did anything meaningful happen to you? I have a story to share.

On the first day of the Lunar New Year, my family and I went to my grandparents' house early in the morning. We took a bus to get there. The bus was crowded, and at the stop after ours, I noticed an old woman carrying a large basket of fruit boarding the bus.

As she was looking for a seat, a boy suddenly pushed her. The old woman fell to the floor, and all the fruit spilled onto the ground.

When I witnessed this, I quickly went to her aid, helping her to stand up and picking up the scattered fruit. The old woman patted my shoulder and expressed her gratitude by saying "thank you."

Through this experience, I learned that helping others is a rewarding experience. I hope to extend my assistance to more people in the future.



4S Tai Cheuk Man, Caesar

### **The Visit to Po Leung Kuk Exhibition**

On February 6th, my school organized an excursion for all Primary Four students to the Hong Kong Heritage Museum in Shatin. We visited an exhibition called 'Po Leung Kuk 145th Anniversary: Building Charity with Benevolence.'

At the beginning of the visit, students were divided into several groups, each led by an experienced guide. I was in a group led by a lady who shared stories of Po Leung Kuk from the 19th century to the 20th century. She also showed us numerous precious displays related to the organization's development.

Among them, my favorite exhibit was the Po Leung Kuk Director's badges. The lady explained that they served as permits allowing people to ignore curfews during a specific period in Old Hong Kong.

Overall, I thoroughly enjoyed the exhibition as it provided me with a deeper understanding of the history and evolution of the charitable organization, Po Leung Kuk.



4S Wong Lok, Lucilla

### The Exciting Sports Day

The Sports Day at our school was held on February 1st, 2024, at Tseung Kwan Sports Ground. It was rainy in the early morning, and the ground was wet. I was worried it might be slippery for the races. Fortunately, it didn't rain when the events began.

First, I participated in the 60-meter race. I secured second place in my heat, but I didn't make it to the final. Next, I took part in the softball throw race. I didn't perform well, but my friend Yumi achieved the first runner-up position in that event. I was happy for her. Later, I competed in the long jump. It was my first time jumping into the sand, and my trainers were filled with sand. I thought I did quite well, but, of course, I need to practice more to achieve better results.

After lunch, we had the final event, the family relay race. I teamed up with my mother, and we secured the third place in our group. It was a lot of fun to participate with my family in this school event.

I thoroughly enjoyed the Sports Day and I am eagerly looking forward to next year's event.



45 Rosanna Wong

**'Po Leung Kuk 145th Anniversary: Building Charity with Benevolence.'** - a fascinating exhibition

On the sixth of February, all fourth-grade students went on a fascinating tour to the Po Leung Kuk Exhibition accompanied by a couple of teachers and proficient tour guides.

The purpose of this excursion was to celebrate the 145th anniversary of Po Leung Kuk and provide students with an opportunity to learn about its history.

After disembarking from the coach, we were divided into various groups to explore the museum. Before entering the historical museum, we observed a captivating statue made of silver-coloured metal depicting the famous actor and bodybuilder Bruce Lee. It was truly enchanting!

Once inside the museum, I noticed several informative panels showcasing various renowned celebrities within the expansive lobby.

Later on, we entered a spacious room displaying intriguing exhibits about the history of Po Leung Kuk. These included different versions of school uniforms from different years, as well as the notable school songs. They were highly engaging for me.

During the tour, I learned that Po Leung Kuk was an incredibly helpful orphanage school that provided care for abandoned children, teaching them essential life skills. Furthermore, Po Leung Kuk aimed to abolish child slavery by accepting children who had been enslaved and educating them. I also discovered that when children in the Po Leung Kuk orphanage reached adulthood, male students would sign an irrevocable marriage agreement, committing to protect their female counterparts at all costs. A marriage ceremony would then be held.

This journey provided me with amazing and meaningful insights into the evolution of Po Leung Kuk. I learned numerous valuable facts about its history.

I hope to have the opportunity to visit this museum again in the near future. It was truly enjoyable and allowed me to acquire useful knowledge at the same time.